

Over50MV™

Multivitamin & Mineral Formula



WHAT IS IT?

- A full spectrum multivitamin and mineral formula
- Nutritional insurance to complement one's diet

WHO IS IT FOR?

- People who are 50 years and older and who are
- Athletes and very active people taking the ActiveMV would switch to this formula at age 65.



WHAT ARE THE BENEFITS?

- Fills common nutrient gaps in one's diet
- Helps reach daily recommended levels of vitamins and minerals that are essential to health, metabolism, and immune function.

WHAT MAKES THIS PRODUCT UNIQUE?

- **Third party tested**
- Delayed release delivery system
- Amounts of certain nutrients are tailored to older individuals (**B6, B12**)
- Added **choline**, an essential vitamin for liver and brain health that is rarely found in vitamin formulas
- Includes 1,000 IU (25 mcg) of **Vitamin D**
- Works synergistically with other dotFIT products to prevent excessive intakes

